

# ST. PATRICK CATHOLIC HIGH SCHOOL

## DAILY ANNOUNCEMENTS Tuesday, September 27, 2016

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### Today's Prayer and Reflection:

*Pay attention. (Luke 9:44)*

Most of us look at the nighttime sky and see a bunch of stars and maybe a constellation or two, but an astronomer sees so much more. It's not because he has sharper eyes, but because he has learned how to pay attention to the position of the stars, the swirls of the galaxies, the minutest of details.

Jesus urges his disciples to pay attention as well while he explains what is going to happen to him—that he will be arrested and crucified.

Even today, Jesus is still asking us to pay attention. But how? Here are a couple of things we can do.

Be quiet. Mother Teresa used to say that it is easier to hear the Lord speak in silence. There is something about quiet places that helps us slow down and focus. This may mean getting up a few minutes earlier to be with the Lord. It may mean taking a walk outside and enjoying the quietness of nature. Look around at the beauty of creation, and ask the Lord what is on his heart.

Be still. Quiet physical spaces are important, but let's face it—it's not always possible. Even so, we can practice stilling our thoughts and turning to the Lord throughout the day. For example, try mentally pausing for a moment every time you get a drink of water today. Try to sense God's presence. He may fill you with peace or bring a Scripture verse to mind. Don't be discouraged if you don't always hear something. It's about practicing and learning, not about getting it right the first time.

Part of being quiet and still may mean simplifying your life a bit or learning how to put the other aspects of your life in proper perspective. Simplicity and focus are the keys to developing the sharp eyes of an astronomer. They are what will help us see more than "just a bunch of stars" and instead, the endless constellations of grace that Jesus has for us.

Quiet. Stillness. Simplicity. Try putting these into practice. Jesus wants to teach you how to see him and detect the ways he is working. The more you practice paying attention, the more you will be able to discover what he is doing and saying.

*"Lord, help me to focus on you today."*

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### Today's Announcements:

- Our junior high dance is this coming Saturday, October 1, from 6:00 to 8:00 p.m. for all seventh and eighth graders. The theme for the dance is "Olympics," and admission is \$5. The concession stand will also be open. Junior high dances are open to St. Patrick students only.

- Seniors, Herff Jones will be taking graduation orders tomorrow during lunch. Please bring your deposit of \$60 at this time.
- Flu shots will be offered October 20 at 3:00 p.m. for \$20. Information and permission slips will be emailed to parents.
- Senior yearbook ads are due to Mrs. Farragut in room 214 by October 21. Everything must be turned in together; this includes the form, pictures, and money.
- "See You at the Pole" is a national day that has prayer at the flagpole. We will meet on tomorrow morning before school at 7:45. All are welcome to join us in prayer at the flagpole.
- Interact Club t-shirts are on sale now through Friday. Shirts are \$10. See Ms. Moon or Ms. Lawson to order.
- Did Schoolhouse Rock leave you wondering just how difficult passing a legislative bill might be? Then the Mississippi Youth Legislature might be the club for you. To learn more about bill-writing and the legislative process, come to room 103 at 3:05 p.m. tomorrow after school for a brief informational meeting.
- The Lady Irish cross country team came in first place in the Bearcats Cross Country Invitational this past Saturday. Leading the Lady Irish was overall individual champion Isabel Leatherman. The Lady Irish placed five runners in the top nine scorers across the line. After Isabel, came Anna Clare Colson (4), Jordan Pete (5), Amelie Million (8), Gabriela Patino (9), and were followed by Julia Hancock and Beyla Bleichner to round out the Irish team.

The varsity boys team was led by Cade Meyers' strong 5K running time of 18:32 for an overall fourth (4) place finish. Rounding out the finishers for the Irish were Austin Dossett, Dylan Middleton, and Griffen Broussard.

Quinlan Prisciotta Placed second overall in the junior high girls race, and in the boys junior high race, the Irish were led by Dominc Patino's overall third place finish followed by Jamison Thriffiley in sixth, Jack Dent in eighth, and a strong finish from newcomer Marshall Eleuterius.

- There will be an Arts and Crafts club meeting in room 101 tomorrow afternoon at 3:05 p.m.
- Mu Alpha Theta math tutoring begins tomorrow afterschool in room 100.