

ST. PATRICK CATHOLIC HIGH SCHOOL

DAILY ANNOUNCEMENTS Wednesday, October 5, 2016

Today's Prayer and Reflection:

Give us each day our daily bread. (Luke 11:3)

"I'm hungry!" It's an annoying complaint parents hear almost constantly. But no parent would reply, "I fed you yesterday. You can't be hungry again!" Everyone knows that children need to be fed every single day. So too with us: we need to be fed each day with spiritual food from God our Father.

The good news is that God wants to feed us each day, just as he gave the Israelites fresh manna every morning as food for their journey (Exodus 16). In today's Gospel reading, Jesus teaches us to ask our Father for our daily bread so that we too will have what we need for our journey.

Notice that Jesus didn't tell us to pray, "Give me everything I need right now!" Only our daily bread—nothing more, nothing less. If the Israelites gathered extra manna, it spoiled and bred worms. They had to trust that God would give them enough for that day and provide more the next morning.

This is exactly what Jesus wants to teach us: God will provide us with bread each day. We just need to ask for it and wait for it, one day at a time.

So how do we receive this daily bread? By spending time with Jesus in prayer and pondering his word in Scripture. And then there's the grace you receive in the Eucharist. You may not be able to receive it every day, but when you do, you can be confident that your Father will pour immense blessings on you.

The next time you are at Mass, remember that God wants to give you your daily bread. Then as you receive Communion, pray, "Lord, I believe in you. Thank you for feeding me right now. I trust that you will give me all that I need today."

Next, imagine Jesus standing before you. Picture yourself handing him all your hopes and worries about the future—one by one—and Jesus giving you in exchange the bread that you need: his peace, his hope, and his courage. Then hear him tell you, "I am with you always, until the end of the age" (Matthew 28:20).

"Jesus, you are my daily bread. I put every worry in your hands today. Lord, I trust in you."

Today's Announcements:

- Seniors, we are having some issues with trash being left in the courtyard after lunch. Please take care of this so you may continue to enjoy the senior privilege of having lunch outside each day.

- A reminder to all students - food should not be brought into the classroom. Water is allowed in class but should be in a clear bottle.
- Attention Seniors: All Senior ad forms, pictures, and money are due to Mrs. Farragut by Friday, October 21. Also, senior sibling pictures must be turned into Mrs. Farragut by next Friday, October 14. If you have any questions, please see Mrs. Farragut before or after school.
- There will be a Youth Leg meeting today after school at 3:10 in room 103. Please come with your bill partner and your bill. If you still need to submit your forms or pay your dues, please do so today after school.
- St. Vincent de Paul School is seeking volunteers on Oct. 22 from 12:30 to 4:30 to assist with their fall festival. Any students who are interested in helping for service hours, please see Ms. Dapremont for more information.
- The FCA Chapter will have it's club meeting next week not this week as previously scheduled.
- Students who experience bullying are twice as likely as non-bullied peers to experience negative health effects such as headaches and stomachaches. Students for life will be holding March for life sign ups next week.
- We would like to wish Mr. Hawkins and Coach Odenwald a Happy Birthday today!