

ST. PATRICK CATHOLIC HIGH SCHOOL

DAILY ANNOUNCEMENTS

Wednesday, May 17, 2017

Today's Prayer and Reflection:

No one will take your joy away from you. (John 16:22)

What a promise—joy that cannot be taken away! Who wouldn't want that? It seems simple. Jesus tells his disciples that the joy of seeing him again will wipe away all memory of their suffering.

The ebb and flow of our emotions doesn't change Jesus' promise of joy. Do we face ups and downs? Of course! But the joy that Jesus gives doesn't have to rise and fall with our circumstances. It's not a fleeting thrill, but a steady stream running in the back of our minds—a stream that flows from the unshakable truth of Jesus' resurrection. We know he is risen. We know he has overcome sin and death. We know that he has prepared a place for us in heaven. With truths like these, how can we not feel at least a glimmer of hope and joy, even in our darkest moments?

Are you having a good day today? Great! Thank Jesus for sustaining you. Are you going through something difficult? Then it's time to proclaim what you know to be true. Tell Jesus you trust him. Tell him that you believe there's a place in heaven with your name on it. Declare that he is bigger than what you're going through. Then watch your anxiety begin to give way.

Jesus can deepen your faith every time you turn to him, both in sorrow and happiness. He can strengthen your foundation and give you a sense of his own joy and trust in God. You may even find yourself less subject to moodiness or better able to weather a stormy patch in life. That's the kind of joy that Jesus wants to give you!

"Holy Spirit, fill me with your joy. Help me to trust you through my ups and downs."

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Today's Announcements:

- Students who are working Fatima Spring fest - they are in desperate need at the cake booth all three days. A poster with contact information is hanging right outside the cafeteria. Please call to set up a work time as soon as possible.
- Nativity BVM is looking for volunteers for the Peace, Love, and Saints 5k run this Saturday. This is a race put on by Nativity BVM. Sign up with Ms. Dapremont if you are available and interested in volunteering.
- Boys and girls golf teams - please return your cleaned golf bags to Coach Hewes on or before Friday morning.