

ST. PATRICK CATHOLIC HIGH SCHOOL

DAILY ANNOUNCEMENTS

Friday, October 6, 2017

Today's Prayer and Reflection:

*The peace of God . . . will guard your hearts and minds.
(Philippians 4:7)*

Isn't the immune system amazing? It is constantly aware of the health of all the other systems in your body. Always on guard—even when you are sleeping—it wards off legions of microscopic threats. It's only when you start to feel unwell that you remember how much you rely on it. That's when you try to strengthen it with Vitamin C, rest, and plenty of fluids—just as the doctors say you should.

According to St. Paul in this passage, the peace of God isn't so different from your immune system. It's your personal guardian against fear and frustration. It has divine power to subdue life's anxieties. Even Jesus tells us that his peace is able to surpasses the world's peace, both in its depth and in its strength (John 14:27). This is what guards your heart: this grace-filled "peace system."

It's always with you wherever you go, always ready to help you and protect you.

You have probably noticed that when you're at peace, ordinary problems like traffic congestion don't infect you with anxiety. The peace of God is neutralizing stress, just as it should. But what about when bigger hazards threaten to overtax your "peace system"? Just as you might take supplements for your body, you can increase the vitamins that strengthen your soul.

Take an extra dose of Scripture. Give your soul some rest. Take a couple of deep breaths, recall God's goodness, and ask him to give you his peace. Recall that he is with you, that he loves you, and that he will help you. Let God's peace quell your anxiety, and you'll find yourself feeling more calm and more confident in the Lord.

"Lord, thank you for guarding me with your peace!"

Today's Announcements:

- Today, we are on the pep rally schedule.
- Happy Birthday to Shannon Kirkpatrick, Henry Miller, and Sophia Spicuzza today! Also, Abigail Baldwin and Gabrielle Sumrall, will be celebrating their birthdays over this three-day weekend!
- Congratulations to the following NEHS Officers:
 - President: Melanie Nguyen
 - Vice President: Connor Hartery
 - Secretary: Madison Cox
 - Treasurer: Jamie Stanovich
- The Fellowship of Christian Athletes will have its October chapter meeting on Wednesday, October 11, at 7:50 in the auditorium; attendance will be recorded.

- All NJHS members dues must be paid no later than October 18. The NJHS officers will be collecting dues during first and second lunch on Wednesday, October 11, in the cafeteria. Dues are \$15.
- The National Science Honor Society meeting will take place next Tuesday after school in Mrs. Lawson's room. Applications are due at the meeting. All those who were in the society last year need to reapply. Applications can be picked up from Mrs. Lawson.
- The St. James Fall Festival and the Sacred Heart Bazaar have both been postponed until next weekend. They will still need volunteers next Saturday and Sunday.
- There will be a SADD club meeting after school today for anyone interested. Dues are \$5 and due by next Friday. If you are interested in being an officer please let Mrs. Williams know.
- If you have any Luck of the Irish raffle tickets with you, please bring that money down to the front office.
- The Healing Mass scheduled for this Sunday at Blessed Francis Xavier Seelos Church in Biloxi has been rescheduled for Sunday, October 15, at 1:00 p.m.
- The Diocese of Biloxi's 2017 Rosary Rally, scheduled for Sunday October 8 at Holy Family Catholic Church in Pass Christian, has been cancelled.