

# ST. PATRICK CATHOLIC HIGH SCHOOL

## DAILY ANNOUNCEMENTS Thursday, February 15, 2018

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### Today's Prayer and Reflection:

*Choose life. (Deuteronomy 30:19)*

Moses had it right. We face choices every day. Every day gives us another opportunity to commit ourselves to the Lord and to find the life that he promises us. Many of us made Lenten resolutions yesterday, and the best way to keep them is by making these choices.

Moses' words can give us a framework for these daily choices. He tells us that we can choose life by "loving the Lord, your God, heeding his voice, and holding fast to him" (Deuteronomy 30:20).

Loving the Lord. This seems easy enough, but we might skip over this one because it can also feel vague. Let's make it more practical. You can decide to love God by spending time with him in prayer every day. Thank him for his mercy. Tell him that you love him. Ask him for his grace. You can also love God by loving your family. Choose to turn off the TV or to put down your phone so that you can spend time with your family.

Heeding his voice. The Hebrew Scriptures don't have a

word for "obey." Instead, they talk about "heeding" the Lord's voice. They talk about listening carefully to his word, internalizing it, and putting it into practice. How can you do that today? You might try slowly rereading today's Scripture passages and asking God to give you a personal message through them. Or you might feel him nudging you to contact an old friend or to help out a neighbor. Go ahead and follow through, and see how God blesses that choice.

Holding fast to him. You might find yourself today feeling lonely or frustrated or wondering if God is with you. That's the time to cling to the Lord. Remind yourself of his promise to never abandon you. If you're struggling with temptation, decide to affirm your love for God and his love for you. Choose to stand firm in your commitment to him.

Every day this Lent, try to make a little headway in your choice to follow God. Don't be surprised, if you do, to find yourself feeling closer to the Lord. Don't be surprised to feel his life and his love more deeply in your heart.

*"Lord, help me to see each choice as an opportunity to honor you. Help me to choose life!"*

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### Today's Announcements:

- ★ This Nativity Youth Ministry with Fr. Colten are taking a group youth from the Biloxi Diocese to Stubenville, Atlanta, this summer on July 6-8, 2018. Students who are currently in grades 8-12 are invited to attend. Check your student email for a flier and more information. There are 48 youth seats available on the bus. We will fill on a first come, first serve basis according to payment of the non-refundable deposit.

- ★ During Lent, we challenge everyone to participate in #InstaLent on Instagram, where you can document each day of the season by using #SPInstaLent. Posts including the hashtag will be displayed throughout the school! Visit our school's Instagram page for more details!
- ★ Sailing practice will resume February 21 and will be every Wednesday after. You must attend practice in order to compete. For any questions, please see Mallory Edwards.
- ★ Junior high track practice will take place today.