

ST. PATRICK CATHOLIC HIGH SCHOOL

DAILY ANNOUNCEMENTS Wednesday, January 16, 2019

Today's Prayer and Reflection:

He himself was tested through what he suffered. (Hebrews 2:18)

Today's first reading reminds us that Jesus wasn't some superhero. He became a man just like us; he suffered and was tempted just as we are. He got tired and hungry, just as we do. He felt hurt when people spoke against him, just as we do. And he needed to pray, just as we do. Jesus never sinned, of course, but he nevertheless experienced so many of the effects of sin that we know. This means that Jesus not only understands our suffering—he can also help us.

In today's Gospel, Jesus is pulled in every direction: healing, casting out demons, proclaiming the kingdom, dealing with a huge group of people crowding around his front door (Mark 1:33). Surely all those demands took their toll on him. And still he got up "very early before dawn" and went off "to a deserted place, where he prayed" (1:35). Didn't he deserve to sleep in a bit?

Like Jesus, we can feel pulled every which way at times. The best thing we can do when this happens is to try to carve out a few minutes for prayer.

When we are vulnerable, the devil will try to sneak in and take advantage of our weakness. He might tell us that it's okay to be irritable; it's only because we're hungry. Or he might tell us not to worry about our word choice; anyone who is as tired as we are deserves to let off a little steam. Those are only the first steps on a slippery slope, and the sooner we get off that path, the better.

Remember, Jesus knows what you're going through. He chose to become fully man so that he could feel what we feel. He chose to become one like us so that he could relate to us—and so that we could relate to him!

Every time you feel tired or tempted, hungry or hurt, remember that Jesus knows. Remember how he turned to his Father in prayer before the devil even had a chance. Then pray. Find a "deserted place," and ask Jesus for his grace to see you through (Mark 1:35). Always remember that he is with you. He is always at your side, ready to help you and encourage you. Always remember that he knows.

"Jesus, you know what it is like to struggle with the demands of life. Help me, Lord."

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Today's Announcements:

- ★ Happy birthday to Alayna Miller!
- ★ Sign ups for both varsity and junior high track are ongoing - see Coach Dellenger in room 108 if you are interested.
- ★ There will be an Ambassadors meeting in the library directly after school today. Please make plans to attend!
- ★ Students attending the March for Life event in Washington who are not traveling with St. Patrick will need to see Mrs. Collier in the front office.

- ★ Make up tennis tryouts will be held on Wednesday, January 23, at Bayou Bluff. They will be from 3:30 to 4:30. Please sign up with Coach Villarrubia in room 217, if you plan on attending make up tryouts.
- ★ The Knights of Columbus at St. Alphonsus is seeking volunteers to help serve food for their annual 50 years of marriage dinner on Sunday, February 10, at 2 pm. If you are interested, please see Mrs. Collier in the front office.
- ★ Let's Celebrate Catholic Schools Week! St Patrick's first ever Contemporary Christian concert starring Brandon Green will be held Friday, February 1 at 7 pm, tickets are \$10.00 each in advance online or \$20.00 at the door.
- ★ The Lady Irish soccer team defeated OLA 1-0 in a thrilling overtime victory. The lone goal was scored by Mary Cate Sliman. Ali Ware kept yet another shutout for the Irish in goal. The Lady Irish would like to thank everybody that came out and supported them last night.
- ★ London, Paris and Rome, - if you are interested in traveling there with Shannon Collins, please come pick up a flyer in the front office for more information.
- ★ The Irish men's junior varsity team defeated North Forrest Tuesday night 33-31 in overtime. Briggs Menendez led the Irish with twelve points and Nick Krass had the game winning basket. The Irish will travel to Brooklyn Friday night to battle Forrest County High School. The Irish junior varsity team is now 7-1 on the season.