

ST. PATRICK CATHOLIC HIGH SCHOOL

DAILY ANNOUNCEMENTS Monday, August 19, 2019

Today's Prayer and Reflection:

What do I still lack? (Matthew 19:20)

When we read this story of the rich young man, we often focus on how he “went away sad” (Matthew 19:22). But we don’t always give him enough credit. He knew enough to realize he needed help—and to ask Jesus for it. His question was sincere too: “Teacher, what good must I do?” He wanted to be a better man, and he wanted the “eternal life” that he saw the disciples enjoying (19:16).

This is a good question for us to ask Jesus every day as well. In fact, the Church encourages us to do it. Every day, we can ask Jesus to help us see how we are doing in our walk with him and how we can do better. In the sixteenth century, St. Ignatius of Loyola developed a way for us to do just that. He called it the “Daily Examen.” Here’s a version that consists of five steps.

The first step is to thank God for all the blessings you’ve received that day. What are you thankful for?

The second step is to pray to the Holy Spirit. It can be hard to recognize God’s presence in the course of the day. So ask him to help you look back with spiritual hindsight to see where he was with you that day.

Third, review what happened today. Whom did you encounter? What situations and emotions arose? How was God speaking to you through them? And how did you respond? Don’t worry about every circumstance; just look at what stands out.

Fourth, think about when you felt closest to God. Perhaps it was as someone helped you in the grocery store or as you admired a beautiful sunset. When did you feel further away from God? Maybe you felt impatient when someone asked you for help. Perhaps someone cut you off in traffic, and you got angry. Be sure to ask the Lord’s forgiveness for any sins and for his help to change. But remember, don’t go away sad! Jesus is inviting you to follow him on the path to heaven.

Your fifth and final step is to look ahead to the next day. Think about the people you’ll meet, the situations you’ll face, and invite Jesus to be part of them. Remember, he wants to walk with you every step of the way.

“Lord, open my eyes! Help me to become more like you.”

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Today's Announcements:

- Today is DAY 6 of the advisement rotation.
- Make plans to attend our Meet the Teacher Night this Wednesday, August 21, beginning at 6:00 p.m. in the gymnasium. After introductions and announcements, parents will have the opportunity to walk their child’s schedule and meet each of their teachers. Refreshments will be provided.

- There will be an interest meeting for the new junior high math club tomorrow after school with Dr. Casey in room 118. All seventh and eighth grade students are invited to join!
- Current ninth grade NJHS members have a meeting in the auditorium tomorrow morning at 7:40 a.m.
- A Mu Alpha Theta Math Honor Society interest meeting is being held tomorrow in Mrs. Tavel's room. Tenth, eleventh, and twelfth grade students who have a 3.0 GPA or higher in all math courses and are currently enrolled in a math class are welcome to attend. Previous members are required to attend this meeting and sign up again.
- At 3:05 this afternoon, there will be a Key Club sign up and meeting in Mrs. Sutherlin's room. If you in grades 9 through 12 and are interested, please attend.
- Any seventh grader interested in running for a class officer position should pick up an application packet before or after school or during lunch from the front office or from Mrs. Williams in room 200. The completed applications are due Friday, August 23, by 3:30 to Mrs. Williams in room 200, immediately following the candidate meeting. Students must turn in a completed application on time to be eligible to run for a position. Please see Mrs. Williams with any questions.
- Students, if you received an application for NHS, please remember it is due Wednesday, August 21, to Ms. Wilkinson.
- Interact Club sign ups and voting for grades 9 through 12 will take place in Ms. Lawson's room on Wednesday, August 21, after school; sign ups for grades 7 and 8 will take place in Ms. Moon's room. The first Interact event will be the Katrina bridge walk with Key Club this Saturday, August 24.