

ST. PATRICK CATHOLIC HIGH SCHOOL

DAILY ANNOUNCEMENTS Monday, September 16, 2019

Today's Prayer and Reflection:

Pray, lifting up holy hands. (1 Timothy 2:8)

What's in your hands? In order to lift up "holy hands" in prayer, you may need to let go of some of the things you're holding on to. Because, let's face it, when we hold on tightly to some things—whether future expectations, past wounds, current resentments, or strident demands—we find it harder to pray with faith and surrender.

We all know how easy it is to hold on to resentments, especially when we feel justified in our anger or bitterness. Or how hard it can be to let go of our judgments about another person, especially when we are convinced that we're right. Maybe you and your sister disagree on the best way to do something. You might be praying, "Lord, help her recognize I'm right," instead of being open to working together to find a solution. You might be angry with God, wondering how he has allowed something bad to happen to you or a loved one. Like Job, you shake your fist at the Lord, unwilling to abandon yourself to his wise and loving plan.

If you realize you're holding on to something like this, Jesus is giving you a chance to empty your hands today.

When you sit down to pray and you remember that you've been arguing with your friend or colleague, make the choice to let it go. Ask forgiveness. Then start praying. If you've stormed off after an angry outburst, take a deep breath and try to make things right with the person you've hurt. Remember, when your fists are clenched around anger or self-righteousness, it's harder to raise your hands to the Lord in prayer. It's harder for him to fill you because your hands are already full.

So what's in your hands? What are you holding on to that might be keeping you from receiving all the gifts God wants to give you? If you can identify something, take the next step and try to let it go. Lift up your hands to God, as empty as you can make them, and watch as he fills them with every good and perfect gift.

"Father, I believe you want to give me good things. So help me to let go of whatever I'm holding on to that keeps me from you."

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Today's Announcements:

- Today is day 4 of the advisement rotation.
- Homecoming dance tickets are now on sale - tickets are \$25 each and may be purchased from the front office or the spirit store on the St. Patrick website. Students must be in 9th through 12th grades to attend, and any high school guest from another school must have a completed and approved guest form. Those forms are due to the front office by September 20.

- Homecoming shirts are now on sale. They are \$15 and may be ordered through the school store or through the front office. All orders must be submitted by this Thursday, September 19, at 8:30 a.m. This is a presale and we will not have extra shirts. Order by Thursday to get your 2019 Homecoming shirt.
- The SAVE club will have a meeting today right after school in room 118.
- The junior high math club will hold its first meeting on Wednesday, September 18, at 7:40 in room 118.
- Sophomores and juniors, if you are taking the PSAT workshop, the payments are due today.
- Coach Dellenger will have FCA chapter sign ups for three days this week starting today. FCA is for students in grades 9-12 who are in a varsity sport, cheer, band, or dance teams.
- There will be a Youth Legislature meeting in Mr. Eleuterius' room 116 on Tuesday at 3:05pm and a Mock Trial meeting in Mr. Eleuterius' room at 7:45am on Wednesday.
- All National English Honor Society applications must be turned in to your English teacher by 3:00 on Wednesday.