

ST. PATRICK CATHOLIC HIGH SCHOOL

DAILY ANNOUNCEMENTS Wednesday, December 11, 2019

Today's Prayer and Reflection:

You will find rest. (Matthew 11:29)

Scripture tells us that rest was part of God's plan from the beginning: "God blessed the seventh day and made it holy, because on it he rested from all the work he had done in creation" (Genesis 2:3). The day of rest, or Sabbath, was meant as a time to honor our unique relationship with God. Of all the animals on the earth, men and women are the only ones who take this day off. To a cow or a cat, one day is just like the next. But we humans are made for work and rest. We are made to enjoy friendship with God just as much as we are made to tend to the earth.

Throughout Israel's history, people understood the Sabbath primarily as a gracious gift. Over time, however, more and more rules concerning proper conduct on the Sabbath were added, to the point at which some came to see this special day as a burden—or as an occasion to judge everyone else. Did my neighbor say no to the right activities? Questions like that one became more important than whether our neighbor, or we ourselves, for that matter, had said yes to God.

Then came Jesus and his promise: "I will give you rest" (Matthew 11:28). He didn't say, "I will give you rest on the

Sabbath." Just "I will give you rest"—the rest that comes through faith in him, a rest that we can experience each and every day.

When worry and anxiety get the better of you, he can give you rest through his presence.

When you become painfully aware of your shortcomings, he can give you rest through his mercy.

When you feel overburdened, he can give you rest as he walks with you and lightens your load.

The next time you find yourself worrying about life, take a moment to turn and say yes to Jesus and his promise of rest. You won't always feel different. Worry may even creep back in. But as you persist in faith, you will gradually sense his presence and his peace. Jesus has promised you rest, and he is always faithful to his promises.

"Lord, you alone can renew my spirit. Help me to say yes to the rest you came to give."

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Today's Announcements:

- Today is day 4 of the advisement rotation.
- The prison ministry project has started, bring in white crew socks, travel size items such as deodorant, shampoo, and body wash and place them in the boxes that will be in the foyer. Seventh and eighth grade students can earn service hours by checking with their religion teachers and high school students can earn service hours for clubs.

Please see Mr. Creel if you have any questions. This is a good opportunity to earn service hours before the semester ends.

- Softball tryouts will be today at 3:30 at the softball complex. You need to be on the field by 3:30 dressed and ready for tryouts. Make sure you have a glove, proper attire, and a physical. Tryouts will last until 5:30. If you have any questions, please see Coach Blakeney.
- Track and field sign ups for junior high and varsity teams will be until this Friday with Coach Dellenger in room 108.
- Just a reminder, class officer photos will be taken tomorrow morning at 7:30. If you are a class officer please report to Mrs. Aldrich in the library in the morning.
- For the engineering students 5th period, we will continue to meet in Room 202, not downstairs
- Tennis tryouts are today at Bayou Bluff Tennis Club. The St. James bus will drop off any students trying out at Bayou Bluff on Wednesday. The bus will not return you to St. Patrick.
- FCA members are to turn in their unwrapped children's gift by this Friday to Coach Dellenger's room 108.
- NHS and NJHS Members, if you have anything for the Christmas Bag Project, please make sure you give it to Ms. Wilkinson today.